

## Berlin Nairobi Global HEART – Master Exchange Program

The Berlin - Nairobi Global HEART Program combines **Health Research, Exchange and Training**. Charité - Universitätsmedizin Berlin (CUB) and Berlin School of Public Health (BSPH) cooperate with the University of Nairobi - Faculty of Health Sciences and Department of Public and Global Health (UoN). The program started in 2021 and aims to promote collaboration and exchange on global health research topics between CUB and UoN.

The Master's exchange program allows one Master's student from each partner country to spend 5 months at the exchange university doing research every year. The exchange is ideal for preparing or writing your Master's thesis. It is a unique opportunity to travel to another country and do research in an international environment. German students going to Nairobi can do field research in primary health care at local health centers in both urban and rural settings. Kenyan students going to Berlin have the opportunity to research health care systems, universal health coverage and sustainable financing. The local research hub of the European Observatory on Health Systems and Policies provides access to large datasets.

### What you probably want to know...

The Berlin Nairobi Global HEART Program will fund your living expenses, flight, visa and insurance for the entire 5 months of the exchange.

We enable you to attend classes at the host university, which gives you the opportunity to network with local students.

You will have access to research groups at your host university to get support for your research project and are expected to share your research results at a Global Health research colloquium before you leave.

You will be mentored by a faculty member at your home institution and at the host university.

We expect you to have contact with your student exchange partner. You can stay in touch with each other via teams or email, help each other make friends, find your way around or answer random questions (buddy system).

### Best times for an exchange

- going to Berlin: April to August (summer semester)
- going to Nairobi: the semester at University of Nairobi is from March to July. Exchange students wishing to take classes should plan to participate starting in March, but this is possible online. You can stay in Nairobi from April to August

It is possible to adjust the timing of your stay to suit your personal situation for a maximum of 5 months!

### Application requirements

For your application, please submit the following documents in pdf format:

- ✓ CV
- ✓ Transcript of records
- ✓ Statement of motivation (1 page)
- ✓ A rough concept of your research idea (1 page)

Please submit your complete application to the following email address: [nairobi@charite.de](mailto:nairobi@charite.de)

Contact: Ms. Franziska Grimm

Closing date for your application: **18<sup>th</sup> September 2023**

Take the chance to be part of an exciting international exchange program! We encourage you to apply in any case. We very much look forward to receiving your application.

Your coordination team

### Additional information for BSPH students going to Nairobi

Recommended Topic: Pubic Health Nutrition

Recommended methodological approach: qualitative interviews

BSPH students going to Nairobi must get ethics approval for their research. This includes the following steps:

1. Submit for ERC
  - a. use the application form (about 20 pages)
  - b. fees 1000 Shilling
  - c. Aim to submit by May 1
  - d. initial review takes about 8 weeks, resubmit takes another 1 week
2. Submit for NACOSTI License
  - a. fees 350 Euro
  - b. takes about 1 month, you can start research with a license pending
3. Field research - costs
  - a. remuneration for study participants required
  - b. travel to and from study site
  - c. translation

### Approximate Timeline

March	Start with classes at UoN online
April	Travel to Nairobi Prepare your ERC application
May	Wait for ERC approval
June	Wait for ERC approval
July	Submit for NACOSTI License, start fieldwork with license pending
August	Fieldwork Return to Berlin
September	Register your thesis in Berlin
	Complete your thesis