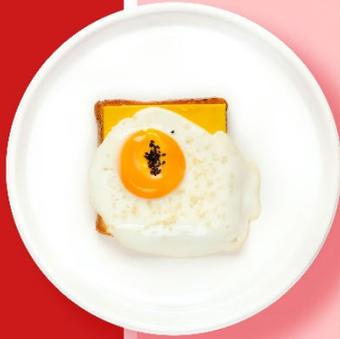


EDSusChoice

Enabling the dietary shift towards sustainable food **choice** decisions



International Alumni Training

Half a year with a mix of online meetings and
a face-to-face workshop in Berlin:
Mo, Sept 11th - Fri, Sept 15th, 2023

Call for applications

Acquire tools and competences for a sustainable transformation of daily diets!

Considering the impact of global food production and consumption on economic, social, health and environmental aspects such as climate change and food security, you may have realized that this requires a transformation of the food system. One lever to achieve this necessary transformation is a "dietary shift", i.e. the change of the individual diet, towards a sustainable diet through choice, preparation and consumption of sustainable food.

Aims:

The goal of EDSusChoice is to network and foster competences of alumni like you, who are interested in the topic of sustainable nutrition. As a future multiplier, you will be equipped with potential solutions and tools for a dietary shift towards a sustainable food system.

Starting with establishing a virtual network, the training mixes online and face-to-face formats, lectures and participatory workshops in our training kitchen. There, you will learn to improve recipes provided by you and other alumni and develop more sustainable variants. Various aspects on the topic of sustainable nutrition as well as tools to achieve the "dietary shift" will be combined into an overall view. Back in your home country, you will take part in further online seminars to deepen the topics, exchange knowledge and keep the network alive.

Program:

- Jul – Aug 2023 Online collaboration: networking tool and preparation
- **11/09/23** (Mon) Opening: becoming acquainted and alignment of previous knowledge on sustainable nutrition, food production and consumption
- **12/09/23** (Tue) Tools for choice architecture
- **13/09/23** (Wed) Sustainable sources of protein, cooking workshop
- **14/09/23** (Thu) Food footprints, biodiversity and collaborative tools
- **15/09/23** (Fri) Optimized recipes, cooking workshop, closing / farewell
- Oct – Dec 2023 Five online seminars to deepen the topics

Participants:

Eligible participants are

- alumni of German institutions of higher education and research who
- reside in countries outside Germany and
- are currently working in research, teaching, industry, public administration, NGOs or start-ups and are facing the topic of sustainable nutrition in their professional environment.

Application:

If you are interested in joining the workshop, please send a short motivation letter and an updated CV. The motivation letter should demonstrate how your qualification and experience can contribute and be enhanced by the workshop's agenda.

Please apply [here](#) until March 19, 2023.

Dates:

The workshop will take place Monday, September 11 to Friday, September 15, 2023.

Participants are asked to adjust their traveling plans accordingly and to arrive in Berlin, Germany on September 10th, and depart not earlier than September 16th.

Terms and conditions:

Participation in the workshop is free of charge. Costs for accommodation in our partner hotel will be reimbursed. Participants will also receive funds to at least partially cover their travelling expenses to Berlin, Germany. Participants partially attending the event cannot receive any funding. We reserve the right to change the workshop format from on-site to online in case of unforeseen pandemic developments.

Organizers:

This workshop is organized by the Chair of Education for Sustainable Nutrition and Food Science (Prof. Dr. Nina Langen), in cooperation with the university's Alumni Program.

Questions?

Don't hesitate to contact the Alumni Team of Technische Universität Berlin if you have any questions. We are happy to help: alumni@tu-berlin.de.

Funding:

The international alumni workshop is supported by the German Academic Exchange Service (DAAD) with funds from the Federal Ministry for Economic Cooperation and Development (BMZ) and the Federal Foreign Office (AA).

